



Project Stand By Me



Providing empowering solutions and creative lifestyles for people with neurological disabilities

Introduction and philosophy



Project Stand By Me is an innovative and creative system of services for children and adults with neurological conditions and a support network for their family members and carers.

The idea of the project was created by Judit Szathmáry and Amanda Elliott who both trained and worked in the field of Conductive Education (The Pető System of rehabilitation).



Conductive Education is a system of rehabilitation, a specialised pedagogy which was developed by Dr András Pető in Hungary in the 1940's.



'Every single life can be improved' Pető

Through carefully designed programmes which encompass the person's whole being, participants are able to learn or re-learn movements and regain functions which may have been lost or which have not been developed due to damage to the central nervous system.



'Project Stand By Me' is the legacy of the life work of Professor Pető.

For further information please e-mail Judit Szathmáry at judit@projectstandbyme.com or call 07967194433.

The benefits



The benefits of Conductive Education are vast and include improved mobility, better hand function, improved communication skills, overall independence along with improved general health and well-being. There is a positive psychological impact as the individual has the opportunity to achieve greater independence in an environment where they are understood and encouraged to become the best in everything they choose to participate in.

Through Judit and Amanda's work, over 30 years, they identified that there is a significant gap in the market when students with disabilities who worked through the system of Conductive Education from a young age, leave full time education.

The options available are either moving into a 'care-home' setting or living with parents which can be an enormous strain on family relationships and can be physically and emotionally straining for the parents/care givers. Of course many students are able to make the transition to further education and to the work place, but for those who are perhaps more physically disabled or have learning difficulties; this is simply not an option.



'Project Stand By Me', enables these students to continue to build upon their existing skills and to have a support network to develop their dreams and desires with the appropriate practical, educational, emotional and coaching support required to achieve them and to strive for new ones through adulthood and into old age.



Services available at 'Project Stand By Me'



'My Home' 364- Independent living quarters for young adults (18+)



Short term residential retreats



Conductive Education individual sessions



Conductive Education group sessions



Educational, art and music activities



Mentoring and coaching



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Dreams project



Studio where aspirations and life time dreams become reality, supported by artists from the theatre and film industry, musicians, designers, celebrities and many experts of their own trade.

Carer support programmes and activities



Individual and group mentoring and coaching



Practical training



Full use of the spa, beauty and wellness complex, library, juice bar and retreat facilities.

Animal sanctuary farm



Standing by animals in need and giving them a loving home.



Training studio to teach children how to care for animals and respect all living beings.

Garden project

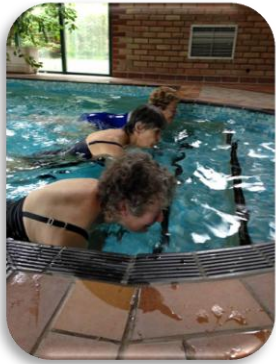


Organic home-grown produce



Training studio for students to learn how to be self-sufficient and care for plants and vegetables.

Spa, beauty and wellness complex



Pampering, healing sanctuary to relax, enhance and rejuvenate students, family members and carers mind, body and soul.



Heated pool and spa



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